



GLENSTAL ABBEY
CHRONICLE

Glenstal Abbey 

Issue 6

Living Monastic
Life in Glenstal
Abbey
1927-2020

GLENSTAL ABBEY
Murroe, Co. Limerick
www.glenstal.org
www.glenstal.com
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Autumn/Winter Edition
2019-2020



Welcome

At the end of this calendar year, as we approach the great celebration of the birth of the Saviour, we are happy to share these stories with you in the sixth edition of the Glenstal Chronicle.

These past few months since our last Chronicle have seen great developments in the community and in our Studium and Retreat Programmes. We welcomed a new novice among us and celebrated a Simple Monastic Profession for Br Justin and you can read about them in these pages.

It is a great joy for me, at this time of the year, to have the opportunity to wish you all every blessing in this holy season and every happiness in the New Year.

Brendan Coffey OSB
Abbot of Glenstal

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Trip to Kenya Summer 2019

Richard Enright

It is easy to think that the Kenya trip undertaken each year by Fr. John and his team is a project run only by a handful of people for a handful of weeks in summer. However, it is in fact the culmination of hours of work by a great team of people both here in Ireland and across the way in Africa. It is no sprint, but in fact a marathon effort.

The Kenya trip really started for us in November of last year when John and Thomas Franklin, who would also accompany us, called a meeting and selected the team. This turned out to be our first challenge of the journey. Usually John only just about manages to find six boys willing to accompany him to middle-of-nowhere Africa to sleep in a tent and shower in the wild next to the baboons, and you can imagine why people are reluctant. But this time he had ten boys looking to go with him. Some may call this bravery on our part, others would have less flattering words. John had no choice but to cut some of us from the team it seemed. However we had a stroke of luck when Bunduz, the company providing our transport and food, said they could provide a vehicle



big enough for all ten boys. That was it, we were Kenya bound.

With the logistical side of things in order, we set about raising funds. Our goal was to raise 20,000 euros to purchase computers, school supplies, and contract builders to build a new classroom and latrines. The computers would be shared between Patterson Secondary and Oloika primary schools. It was here that we began to see the ingenuity and generosity of our community and the immense work that they put in to support us. At the school's Christmas carol service alone we raised 3000 euros. We raised this amount again at the sports day bake sale. All of this perfectly complemented the myriad of donations we received from our friends and families via the online donation system which James Ó Murthuile, the school's Development officer, had

helped us to set up. We also received a donation of 38 computers that were destined for the dump, but still in perfect condition, from a Swiss pharmaceutical company. It was in this step of the process that we realised the Kenya Crew was not just us ten boys, but a community of people from across the country and even the world. It seemed by about May 2019 that all was in order. Before the end of the school year in June we had a health and safety talk and final briefing and then went home to prepare ourselves for our trip to Kenya in July.



On the 9th of July we reconvened in Dublin airport. From here we flew to Paris where we got on our flight to Nairobi. It was on our arrival in Kenya's capital that we hit our first unexpected hurdle; our bags had been lost. Over half of the group's baggage had gone missing in transit. It wasn't ideal. However, we decided that we could share medication, soap and sun cream until Air France found our bags and got them back to us. We began our journey by road to the Lal'enok Resource Centre

in the South Rift Valley. The journey was six hours long, and almost half of it was on dirt roads through the African wilderness. We arrived at our camp as night fell and were warmly welcomed by the staff before heading to bed. Eventually it was Muktar Sidi, a friend of the Kenya project and owner of Bunduz, who so kindly collected and returned to us our luggage a few days after our arrival.



As we settled in at camp the next day and planned how we would divide our time between Oloika and Patterson schools a piece of tragic news came our way. We were informed that a bus full of Oloika Primary students had crashed on its way to Nairobi on a school trip. Some of the children had died on the scene and many more were hospitalised. We had planned to spend three days of the week in the Primary school. Both John and the boys thought it deserved more of our time than Patterson as it was far poorer and isolated, but the long journey between Oloika and camp meant it wasn't possible to go everyday. The accident, however, meant that we had

to spend our entire first week in Patterson Secondary school. The group was devastated, but of course there was nothing we could do.

Our first week in the Secondary school was a huge success. We supplemented the ten computers previously donated with eighteen more and began lessons with all four Year groups in the school. The students learned quickly and oftentimes it was hard to know what to teach them next. Thomas Franklin was invaluable in this regard and with his help we developed lesson plans spanning from basic typing to powerpoint. These plans would go on to serve us in both schools and with all class groups.



We especially enjoyed playing football and volleyball with the students after class. As most of them were our age it was easy to bond and we enjoyed hearing how our African peers lived. We felt immensely welcome here. Already we were getting into the swing of things and having a great time.

Our experience in the secondary school, however, was worlds apart from what we would experience in Oloika the following week. The journey there took us along a dirt track through remote African bush past the boma and manyatta Maasai households. As we drove by colourfully dressed women accompanied by small children would pop out to wave at the mzungu, or white man. We often saw giraffes and wildebeest on this route and by the end of our stay they became somewhat mundane. Wild animals just become part of the morning routine in Africa. When we arrived at the tin shed village of Oloika and saw its school we were shocked for two reasons. One was the primitive nature of most of the school's classrooms. They were mostly tin sheds with chicken wire windows – not very comfortable in the 40 degree heat. The second was the incredible welcome that emerged from this barren landscape.

John was the first to approach them, and as he did so they began to back away. We watched as one boy bravely reached out to shake John's outstretched hand. Upon making contact he let out a yelp and ran back to his friends. The whole crowd echoed his screams and broke into laughter. It became quickly clear to us that most of these children, aged between five and sixteen, had never interacted with white people. Despite being at first bashful, they soon opened up and lost any of the shyness that they once had. Soon they

were pulling on our arms and pinching us to see our pink skin, asking us 'Do you have wife?!' and 'How many years old are you?!'. The crew was amazed by their curiosity. We jumped right in and were swarmed by crowds of young children looking to shake our hands and pull our straight hair. It was a scene of joy and immediate friendship. We also saw the new classroom, computer room, and latrines that had been built by Patrick Shanni, one of John's many friends in Kenya, with the money we raised.

Soon enough however, it was time for class to start. We set up the computers we had brought in the computer room and new classroom and got to work. Again under the guidance of Thomas Franklin we taught the students basic computer skills. Their ability with regards to English wasn't as good as the secondary students which slowed things down slightly but their willingness and endless enthusiasm made the classroom experience a great one for both us teachers and our students. We also taught some of the staff how to use powerpoint and how to make spreadsheets. This would allow them to carry out administrative tasks on the laptops, something they usually did completely on paper.

We spent the majority of the last two weeks in Oloika to make up for the first week that we lost and on our last day there we gave a tour of the new facilities to members of the local community. The school then hosted a small ceremony

with music and gift-giving to thank us. It was a touching ceremony with many of the teachers and local elders expressing their thanks. Repeatedly throughout the speeches the community claimed that the only thing they had in return for us were their blessings. The head boy, Duncan, really sent this sentiment home for us and wished that God would bless us 'eternally'.



Receiving this type of thanks is an odd experience. Although it was a great honour to receive the blessings that they were so adamant to give, I also felt some small bit of embarrassment. Having built such a strong bond with the students it felt as if our acts and presence were simply a manifestation of our friendship. They were, in fact. These blessings felt unnecessary, perhaps even undeserved. In reality they were not for us, but for the huge amount of people who allowed us to go to Kenya through their support.

After the ceremony we said our final goodbyes to the staff and the students of the school. The emotion

involved in doing this caught us by surprise. We hadn't realised the strength of the bond that had been so quickly built between us and our students. We were just as moved by our parting as they were.

And so our Kenya trip quickly drew to a close. We made some trips around the region to see the sights before slaughtering a goat to celebrate our final day and our successful contact with the locals. On the following Monday we made our journey to Nairobi and after a quick stop at the Irish Embassy there we caught our flight home.

I think that I speak for the whole group when I say that we feel immensely lucky to have had this experience. As I have said, us ten boys are just the tip to the iceberg that is the Kenya crew. We were only the few sent from Ireland to carry out the work that so many had contributed to make possible. If I were to list all of the people who contributed to this marathon effort I would quickly run out of space. And so instead I just say to all of them: thank you very much! Ashe oleng!



Glenstal Studium News

The Studium Programme got underway again in the autumn with a week long course given by Professor Janet Burton. This course looked at the phenomenon of the growth of new monastic orders in the last years of the eleventh and into the twelfth century.

The Glenstal Studium seeks to provide a comprehensive grounding in the monastic tradition for newcomers to the monastic life. Drawing on the expertise of some internationally renowned scholars, it offers a series of intensive, weeklong courses on various monastic topics, each supported by a comprehensive reading programme. Although primarily aimed at those in initial formation, the courses also provide an opportunity for more senior monastics to refresh their knowledge of the sources.



Glenstal Monastic Community News

Meeting of the Abbot President's Council at Glenstal



Last June the Abbot President's Council met in Glenstal Abbey. The Council advises the Abbot President on matters pertaining to the entire Congregation of the Annunciation. The Council consists of eight members. Front row (left to right): Abbot Brendan (Glenstal), Abbot Ansgar (Trier), Abbot President Maksymilian (Lubin), Abbot Bernard (Maredsous). Back row (left to right): Prior Renaud (Wavreumont), Prior Peter (Ewu), Abbot Damien (Valyermo), Prior Clement (Mambre).

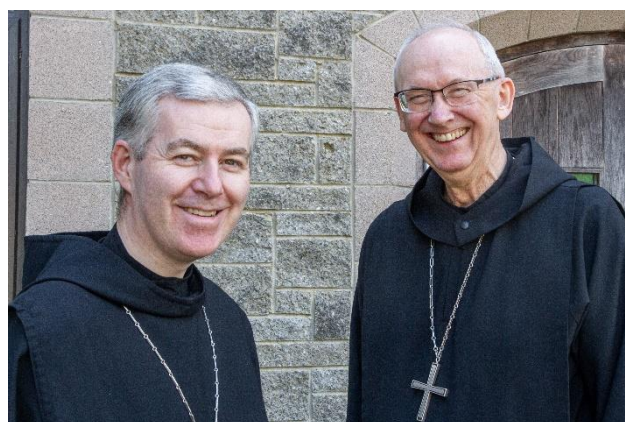


Anthony of the Arctic



The peripatetic Irish monk Fr Anthony Keane crossed the Arctic Circle on board the good ship Ilen on 26th July 2019.

Community Retreat

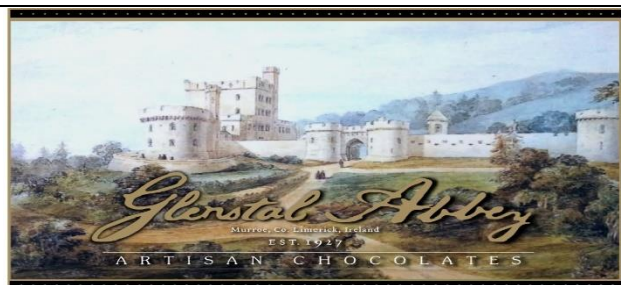


Abbot John Klassen (Collegetville), pictured here with Abbot Brendan, led the Community Retreat in July.

Summer Guests



Sr Immakulata and Sr Augustina, from the Benedictine Abbey of Zhytomyr in the Ukraine, spent much of the summer in Glenstal learning English. They are pictured here with Br Jarek.



Glenstal Abbey Artisan Chocolates specialises in the use of liqueurs from monasteries of Europe to flavour the fondants of chocolate truffles, in particular, famous liqueurs such as Chartreuse and Bénédictine. We also use a Mandarin Orange liqueur which we import from the Abbaye de Lérins, on an island off the coast at Nice, where St Patrick is said to have studied in the fifth century, and a walnut liqueur, Nocino, which we source from an Italian Cistercian convent. In addition our range includes an alcohol-free collection derived from desserts for monastic feast days. The boxes are in 260g and 130g sizes. We also have 75g chocolate bars with quotes from the Rule of Benedict in English and the original Latin and a range of dairy-free bars with fruit from our garden.

Enquiries welcome at chocolates@glenstal.com

Daily Timetable

Visitors are welcome at all liturgies, which take place in the Abbey Church.

SUNDAYS

8.35 pm Resurrection Office/Vigils
(on the preceding evening)

7.00 am Lauds (Morning Prayer)

10.00 am Conventual Mass

12.35 pm Sext (Midday Prayer)

6.00 pm Vespers (Evening Prayer –
in Latin)

8.35 pm Compline (Night Prayer)

WEEKDAYS

6.35 am Matins and Lauds
(Morning Prayer)

12.10 pm Conventual Mass

6.00 pm Vespers (Evening Prayer,
in Latin)

8.35 pm Compline (Night Prayer –
Monday excepted)

All services, except Vespers are chanted in English, with some Latin hymns and antiphons. While the Eucharist is celebrated in English, the ordinary and proper chants are sung in Latin. Please note that the timetable may change slightly on certain solemnities and feastdays.

The Sacrament of Reconciliation (Confession) is available in the church on Saturdays between 3.00pm and 4.00pm. At other times, please inquire at the Monastery Reception.

Courses and Events at Glenstal

Luke Macnamara OSB

A full and diverse programme of courses, retreats and events will take place from February through to June 2020. Building on the success of last year's *Luke the Artist*, a new series on the Sacraments, entitled *Encounters with Resurrected Life* will run at the rhythm of one Saturday a month from February to June. The series, which begins on February 8th, will broadly follow the multidisciplinary approach that was employed in the *Luke the Artist* series. The sacraments will be explored through scripture, art, chant, music, history and liturgy. Historian Dr Bernadette Cunningham, Deputy Librarian of the Royal Irish Academy and author of *Medieval Irish Pilgrims to Compostela* (Dublin, 2018) will give a talk on Pilgrims and Penitents in medieval Ireland, while Dr Ragnall Ó Floinn, Director of the National Museum of Ireland, will speak on medieval Irish altar vessels. David McBurnie an oblate of the monastery and a frequent contributor on art and theology at the Hunt Museum, will give two presentations, the first on Baptism in early Christian Art and the second on depictions of the Marriage of Cana. Many members of the monastic community will contribute: Fr Senan on medieval Eucharistic chants and the chants of the resurrection; Br Cyprian will

perform several musical improvisations; Glenstal's own medieval historian Br Colmán will present medieval examples of sacramental practice; Fr Columba will do some musical improvisation and explore the drama of sacramental liturgical texts; Fr Luke will explore the scriptural background. The programme is very full, and each day is self-contained, dealing with one sacrament and so it is possible to select which sessions one might wish to attend. Each day will include talks, visual presentations, musical interludes and regular breaks. Participants will get to experience from many angles each of the sacraments studied over the series.

On Sunday February 16th there is an open invitation to join the prophet *Jeremiah at the Potter's Wheel*. A full afternoon will be devoted to the prophet and his heritage. Dr Cyprien Comte of the Institut Catholique of Toulouse in France will open proceedings with a presentation of the text of Jeremiah at the potter's house. Bishop Anne Dyer of Aberdeen the Orkney, will then demonstrate how the prophetic tradition and Jeremiah in particular has been portrayed through the ages in art and sculpture. Finally, Noreen Ramsay a noted ceramicist with exhibitions nationwide, will guide participants, while working with clay, towards exploring the interactive nature between maker and material. This promises to be a very interactive afternoon.

Following the success of the Come and See day on November 9th last attended by 28 young adults, Glenstal will celebrate the leap year with another Come & See day for young adults (20-35 years) on February 29th. The programme involves monastic meditative techniques, tips on prayer and reading the Bible. The presentations include time for participants to practice for themselves the art of prayer, meditation and reading. The Abbot will give an input on the wisdom of the Rule of Benedict for living life in the busyness of today. The day is paced with several breaks providing time also to mingle and share with each other.

This year's Lent at the Abbey talks series is entitled: *Being God's Family In and For the World*. The talks will explore the Sunday Gospel readings for this year. Fr Luke will open the series on Sunday March 1st with an exploration of the Temptation narrative. Next up is Fr Abbot who will examine the Transfiguration account. Fr Cuthbert will explore the account of Jesus and the Samaritan Woman, so beautifully captured by Br Emmaus' painting which now hangs at the back of the Abbey Church. Fr Henry will explore the drama of the healing of the man born blind, while Fr Columba will display Lazarus' response to the call to life. Finally, on Palm Sunday, Fr Patrick will examine Jesus' subversive triumphal entry into Jerusalem. The series will be streamed on the webcam and recordings will be available afterwards.

Lent leads to Easter and as every year the retreat will run from Holy Thursday April 9th through to Easter Sunday morning April 12th. The central focus of the retreat are the ceremonies, especially the celebration of the Mass of the Lord's Supper, the Good Friday liturgy and the Easter Vigil. Participants may also join the community at the monastic offices over these days. As usual, there will be a series of talks given by members of the monastic community and a keynote guest speaker, who this year will be the theologian and journalist Triona Doherty.

There will be three single day retreats in late June 2020. There will be talks and the opportunity to attend community Mass on each of these days. The first will be a silent retreat for women with more time for meditation and reflection. Then there will follow two regular day retreats, one for women and one for men. These days will allow opportunities for discussion over lunch and the coffee breaks.

During the year all near and far are invited to tune in to the daily community Mass and the sung monastic offices which are available in real time on the Webcam but are also available as recordings and so it is possible to link with the community prayer at a time that suits. Know that you are always welcome.

For more information see:
<https://www.glenstal.com/abbey>

New Faces



On 12th September 2019, Ciaran McDermott, from Lifford in County Donegal, was clothed in the monastic habit and began his year of novitiate in Glenstal. He chose Archbishop Oscar Romero as his patron and is now known as Br Oscar. We wish him well in this year of discernment.



Br Justin made his first monastic profession on 14th September 2019, feast of the Exaltation of the Holy Cross, in the Abbey Church. Br Justin comes from Middlesbrough and has completed his year of novitiate.



Br Justin has begun working in the school as assistant chaplain with Fr Denis last September.

Glenstal Webcam

In the modern world it is very important to make use of social media and information technology to get your message across. The wider Glenstal community have spent a great deal of time reflecting upon and increasing our presence in this area.

Our website for both the monastery and school can be found at www.glenstal.com.

We continue to receive a lot of positive reaction to our church webcam service from right around the world. It is now possible to tune in to all our liturgies, live, or to play back a recorded liturgy later. The webcam service is of particular benefit to the elderly and housebound and those who are no longer able to get to their local church. It is our privilege that so many have decided to join us in prayer each day and we give thanks to God for this blessing.

Feast of Columba Marmion



On the feast of Abbot Columba Marmion, 3rd October 2019, the monastic community had the pleasure of the company of many of our friends and benefactors who were able to join us for Mass and lunch.



The community chose this day to say thank-you to our many friends and benefactors as Glenstal Abbey was founded in memory of Abbot Columba Marmion, the Dublin born abbot of Maredsous. Glenstal's patrons, St Joseph and St Columba, are the baptismal and monastic patrons of Abbot Marmion.

With Grateful Thanks



Valerie O'Sullivan
Photographer/Media Provider

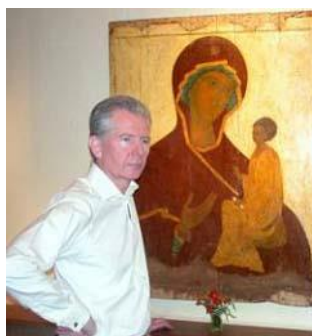
During the summer, Mr John Davis, one of our longest serving employees retired from his job on the abbey farm. Johnny had been working on the abbey farm for almost thirty years. He was a most faithful member of staff and a good friend of the monastic community. We wish Johnny and his family well in his retirement.



At the end of the summer we also said farewell to our Executive Chef, Lee Boatman from Baxter Storey who moved to another facility in Limerick. We all miss Lee and we wish him the very best in his new appointment.

Glenstal Liturgical Conference 2019

This year the Liturgical Conference had a record number of participants. The theme chosen was "Liturgy and Art" and our speakers were taken from different, yet complementary disciplines.



Our first speaker, Sir Richard Temple, founded the Temple Gallery in 1959 as a centre for collectors and for the study, restoration and exhibition of

ancient icons and sacred art. He is a member of the Advisory Panel of the National Art Collections Fund of Great Britain and has been active in the acquisition of icons by several major museums. He gave four most interesting papers on icons during the conference.



Br Thomas Quartier osb is a monk of St Willibrord Abbey in Doetinchem (NL). He is the director of the Benedictine Centre for Liturgical Studies (BCL) at Radboud University Nijmegen (NL), a professor for Liturgical and Monastic Spirituality at the Catholic University of Leuven (BE), and a guest-professor at the Benedictine University of Sant

Anselmo in Rome. He gave a paper on the connection between Art and Ritual Studies.



Stefan Harlacher is an art restorer who has lovingly restored the icons in the Glenstal Icon Chapel

Collection. His wife Anne Dietrich is an archaeologist. They introduced the conference participants to the Glenstal icon collection and brought them through the restoration process.



Br Emmaus O'Herlihy osb, a monk of Glenstal and artist, is a doctoral student of theology and art in Toronto, Canada. In presenting a selection of his own artwork on display at the Abbey, he considered what it means to expand the vocabulary upon which the relationship between art and liturgy are based today.



Fr Martin Browne osb, closed the Conference by summing up the material presented. He helped the participants assimilate and digest all they have heard over the weekend.



Vocations

Every Christian is invited to respond to the calling lovingly offered to them by God. Monastic life is one such response.

Since 1927 men have sought God at Glenstal Abbey; in prayer, in work and in community living. Monks are not superheroes. They know their need for God's mercy and for the support of their brothers. Monks are not fugitives. Monasticism is not a flight from the world but life lived in loving, prayerful connection with the Church, the Body of Christ.

Monastic life is not for everyone, but it may be for you. How can you know this? You will have a desire for God, a need to spend time in prayer, an attraction to the Eucharist, the Liturgy and to the Word of God, a taste for solitude and reflection. You will be curious about this lifestyle and about this place. You will sense that this life may make sense of your life.

As a community, we also have some requirements. Candidates must be male, Catholic, free from debt and family obligations. We value life experience, a demonstrable capacity to complete an education, hold down a job and live independently. Our life is challenging and rewarding. It requires a

loving heart, robust mental and physical health and an ability to live generously with others.

If this is you, then perhaps you should get in touch.



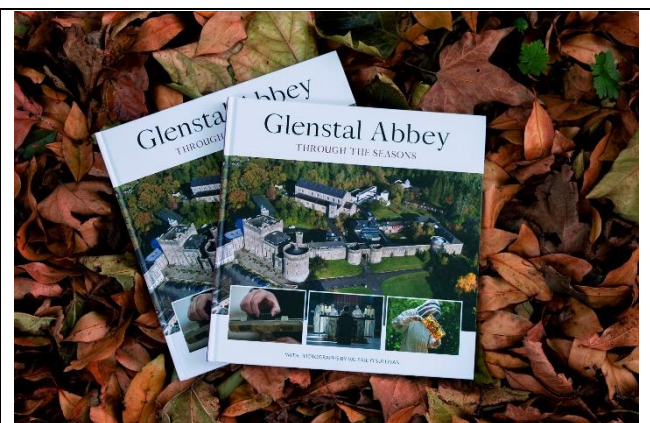
Br Colmán Ó Clabaigh OSB

Glenstal Abbey

Murroe

Co. Limerick

Email: vocations@glenstal.org



Glenstal Abbey: Through the Seasons

Through this collection of stunning images, we get a rare insight into the daily life of the monastic community.

This ideal Christmas gift is available in the Abbey Shop.

School News

A lot has been happening in Glenstal Abbey School in these last few months. In this short section we hope to give you a flavour of life here from the perspective of our students.

Leaving Cert Results



We were delighted with the results achieved by our students this year. Outstanding success is not to be found only in scoring 600+ points, but in performing to the best of one's ability, whatever the level of that ability. Success in education is found in unlocking that ability and allowing the student to shine. In a small school, with a Leaving Cert class of 39, three students scoring over 600 points is indeed excellent. But lots of others did really well too. This year's average is the fourth highest in the last twenty-five years. We

have every reason to be very proud of all our students and staff.

- 3 students scored over 600 points
- 10 students scored over 550 points
- 36% of students scored over 500 points
- 82% of students scored over 400 points
- Class average was 479 points

This is an excellent set of results by any standard. It speaks of a vibrant school where learning in community, guided by committed staff, bears abundant fruit.

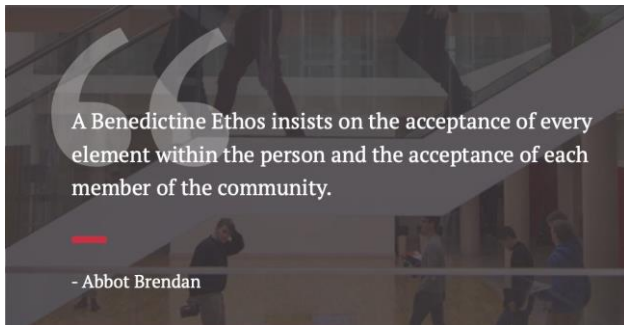
Congratulations to all.

Junior Cert Results



Our Transition Year students received their Junior Cert results on Friday 4th October. Their hard work paid off and we are very proud of the great results achieved.

The Scholarship Programme



NURTURING THOSE WITH OUTSTANDING MUSICAL, ACADEMIC OR SPORTS TALENT

We are delighted to announce our 2020/21 Scholarships initiative. This programme grants awards to new entrants each year based on merit and need. The awards aim to provide financial support to those who could not otherwise attend the school due to financial barriers.

We welcome applications from students who are exceptionally talented musically, academically or athletically. Applications for academic and music scholarships are open to all new applicants for 1st through 5th Year. Sports scholarships are open to new applicants wishing to join in Transition Year (4th).

This programme is jointly funded by the monastic community of Glenstal Abbey and through the generous support of our donors.

Please feel free to share the link below with anyone you think might be

interested and eligible for the Merit and Need aspect of these awards.

Full details of the programme along with a digital prospectus are available here: <http://bit.ly/3457Rlt>

George O'Leary (TY) Wins Silver in County Tipperary Cross Country Championships



Congratulations on a fantastic result to George who came second in the Boys Under 17 Cross Country Championships which took place in Moyglass on Sunday 13th October.

Effective Communications Winners



Well done to Calum Blake (3rd Year) who won the overall Gold Medal at the Effective Communications Competition held in Limerick recently. Our Sixth Years, George von Strantz, Matthew Lyne, Henri Cramer and Conor Fleming also did us proud by taking Silver.

Hurling Medal



Congratulations to Sam O'Farrell and the Tipperary team on their great achievement in winning the U14 Inter-County Tony Forristal Tournament. Sam is an all-round athlete and is also a star of the Glenstal Under 15 Rugby team.

Munster Blades



The Munster Blades Open took place on Saturday 19th October. Glenstal's Fencing Team put on a wonderful display as highlighted by the results:

- Diego Sun (3rd Year) Silver U17
- Benjamin Gabor (2nd Year) Silver U15
- Aedan O'Kelly (1st Year) Gold U13
- Fionn Stack (1st Year) Silver U13
- Olivier Hilaire (1st Year) Bronze U13

Public Speaking



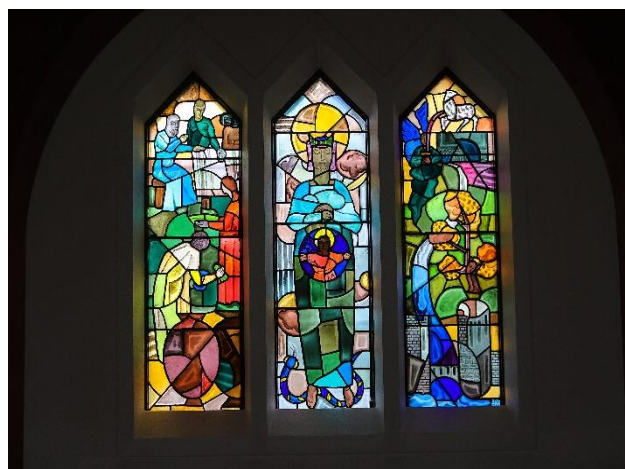
Congratulations to Hugo McElligott who was awarded a Gold Medal for his Certificate in Public Speaking from the Leinster School of Music & Drama. This is the highest grade in the discipline. Hugo's main speech 'Cultural Transitions' was based on his observations on the cultural differences in the countries he visited during his TY year, namely France, Italy and the United States. The examiner said it was 'A fine talk with a great opening, concise and informative work with a touch of humour. Most interesting and handled with maturity.'



Black Belt



Many congratulations to Pierce O'Neill who was recently awarded his Black Belt (1st Dan) in Tang Soo Do (Karate). Pierce has trained for the past nine years and all that hard work has certainly paid off for him. Well done to Pierce who is also a very competent musician, rugby player and student.



F.A.I. Medal



Congratulations to Max Stone who won an Under 15 F.A.I. medal with Wexford F.C. They defeated Carlow-Kilkenny 2-0 in the final. Wexford scored two early goals. Max played in goal and kept a clean sheet throughout the game despite some fierce pressure from Carlow-Kilkenny.

Swimming Champion



Congratulations to Uiseann Cooke who represented Glenstal Abbey School with pride, taking first place in the Individual Medley and second place in the 100-metre Breast Stroke in the Munster Senior Schools Swimming Championships which were held in University of Limerick. Uiseann will go on to represent Glenstal Abbey School in the Interpro Finals which will be held in April of 2020.



Glenstal Abbey Garden Cemetery



The Garden Cemetery

The Garden Cemetery provides for the interment of cremated remains only. Each space can accommodate one or two urns. The internal plot dimensions for both the single and double plots are 7½ inches in diameter. Each space is marked with a plaque of local grey granite for engraving individuals' names and dates.

Selecting a cemetery and purchasing your memorial space is an important decision. Arranging the details in advance gives you peace of mind and shows thoughtfulness and caring concern for your family. With pre-planning the final arrangements become less of a burden.

Please contact the Bursar's Office at
061 621045
or email us at
gardencemetery@glenstal.com
with questions or to arrange a personal tour.

Visits to Glenstal

A Reception area is located on the right hand side of the entrance arch. Toilet facilities are provided and a vending machine selling hot drinks is available. There is a shop with a wide range of books and gifts, open daily from 10.00am until 5.00pm



All visitors are welcome to join the Community at times of prayer though you may visit the Church at any time. We are happy to assist you in devising a day tailored to your specific needs. Some groups like to have a spiritual talk by a member of the community. Tea / Coffee / Scones and Lunch can also be provided. Contact us to discuss your requirements. To make a booking please email events@glenstal.com or call 061 621005.





ENCOUNTERS *with* RESURRECTED LIFE



Rogier van der Weyden,
The Seven Sacraments Altarpiece (1445-1450)

**Join the
MONKS OF GLENSTAL
for 5 Saturdays in 2020**

Exploring
the Sacraments
in
Scripture
Art
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& Liturgy

€70 | Registration 9am | Finish 5pm | Vespers 6pm

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